



AGM 2018 // AGENDA

Venue: BASE MCR, Millow Street, Manchester, M4 4DR

Date: 22 September 2018

Time: 1:30pm

Attendees:

Jon Wilkinson
Kim Cowell
Bobb Evans
Rick Booth
Steevi Pugh
Lizzy Terry
David Clifford
Aundree Clifford
Bryn Evans
Trevor Walker
Nicole Booth
Vicky Savage
Clare Patterson
Jacqui Pugh

Apologies: Jim Blanchflower, Jord McLaughlin, Andy Foster

Reports - annexed

- President Report read on behalf of Jim
- Chairman Report
- Technical Report
- Dr Rick gave an overview of the financial situation and doping control. We have had one failure in 2018. We have had a good year financially, £3,700 on anti-doping (biggest expense). Expected to be more next year due to the doping costs. Spent £6k on kit. We have seen several thousand on comp and merchandise income. The national

competitions are not hugely profitable, we made £800 at the men's and £100 at the women's. Not an issue that we do not make a great deal because it is for the benefit of BP and we are proud to be chipping in to run the national competitions. We should do as much as we can and not just for the money.

The accounts are complete up to July 26th and at the end of that period we had £6,844. We are in a strong position. You are welcome to see the full accounts details on request.

- Club Development Report

Anti-doping

KC: We had one drug test failure this year which was disappointing but ultimately, it sends out a message to the membership, particularly as this was at a novice competition.

LT: Where do we stand on receiving info from other federations on anti-doping. BE it does come up occasionally to the DC from other federations and it's dealt with on a case by case basis and factors such as passage of time, etc. is taken into count. We will keep an eye on people. It's difficult to hide if you have cheated elsewhere.

Nicole Booth and has completed her UKAD course and will be added to the website. LT expressed intention to complete this too.

BE: It would be ideal for British Powerlifting to try and arrange a bulk discount for anti-doping. A point for EPA AGM.

2019

Roles

- The Exec to remain subject to any objections/proposals:

President - Jim Blanchflower, Chairman - Bryn Evans, Treasurer/DCO - Dr Rick and Technical Officer/Competition Secretary - Kim Cowell.

No objections.

- Records Registrar - Lizzy Terry has taken over from Emma Stott following the NW Masters and Lancs & Cheshire. Thanks to Emma for her service.

Thank you to LT for taking over.

- Social Media/YouTube - Jord McLaughlin, Munira Patel & Chris Eaton. If anyone else would like to become involved, that is welcome.

KC thinks this could be stepped up, particularly our IG around competitions.

LT suggesting a volunteer role to be managing comp coverage on the NWPL IG in the run up and during. Agreed.

VS suggesting affiliates to have the log-in. General consensus was that we are okay with that. Agreed.

Affiliates could have a specific day to do “takeovers” of the story showcasing their clubs/gyms and lifters. Agreed.

JW stated the Q&As have been popular. Could incorporate into IG.

JW to action the clubs and social media aspect - liaise with the clubs to set up access and advise on guidance, etc.

- Web-master - currently Stuart Robinson. If anyone else would like to become involved, that is welcome.
- Enquiries - Vicky Savage has been fielding the novice enquiries. A helpful and invaluable role. If anyone else would like to become involved, that is welcome.

Express great thanks to VS for this role. It takes

- Club Development Officer - Jon Wilkinson took up this role as of the last AGM. If anyone else would like to become involved, that is welcome.

Bobb Evans stepped up to job-share with Jon Wilkinson.

- Referees - Since AGM 2017 Danny Smith, Stuart Robinson, Jo Kelly, Steevi Pugh and Mariella Fisher have all passed their referee exams. We are confirming a date for another round of referee exams this autumn.

Referees - TW queried the 2 year rule. NB advised she had been told by Fred Mackenzie that if you were in your second year, you can apply.

BE/KC will clarify and announce accordingly.

We need more referees ultimately.

VS: shadowing referees. RB said the invite is open to sit with him to learn.

Calendar

- Proposals for larger but fewer competitions - dates are open for discussion per the draft by the Exec which will be available at the AGM

No objections to the draft calendar. Once dates and venues firmed up, we will announce on the website ASAP. Agreed.

- Discussion: NW Champs 2019 Qualification, if any?

A very in-depth discussion. There were three trains of thought:

- Resistance for just top 50 as does not necessarily reflect the ultimate podiums.
- Top 3-5 of each weight class.
- QTs
- Top 50 wilks, next 50 on QT

It was agreed there should not be general entry to ensure exclusivity. A vote on two options: Wilks or QT returned a tie. Eventually it was agreed to be wilks and no general entry, i.e. invite in blocks starting with the top 100.

- Competition entry fees - proposal: £20 single day comp, £25 two day comp on the basis that they will be considered larger championships and trophies/venues will reflect that.

Agreed. Sub Juniors remain 50% discount.

KC confirming that the 2019 web page is being drafted to explain the different tiers, etc. and should assist with enquiries.

KC talking through the draft calendar. Agreed.

All Englands - late April/early May. KC would like to manage the entry process for the All Englands. BE will put this to EPA.

Franchising

- Proposal: 70:30 split in the club favour in light of NWPL now processing the entries.

KC explaining the situation and how it basically became a normal competition. The franchising should be NWPL providing referees only and from 2019 dealing with entries.

Agreed.

Priority Entry Procedure

- Discussion: Do we keep it? Do we use it for the 2 day comps only?

KC suggesting the priority entry used for 2 day comps only. Agreed.

RB proposing no priority entry for one day comps unless KC decides otherwise. Agreed.

Records

- Proposal: Freeze the U16 records in line with IPF record keeping effective from 31/12/2018.

Agreed.

National Events

- Discussion: 2019 will see NWPL hosting the Men's All England's at MGS - date tbc.

BE running through the situation. Late April/early May anticipated. Once MGS has confirmed dates we will announce.

Affiliate Club Scheme

- Proposal for 2019 fee: Either £20 or commitment to host one club comp as appreciate that not all affiliates will have facilities.

Agreed.

- Proposal: The trophies to be handed over at the first competition in 2019?

Agreed.

- We will continue to promote our affiliate clubs and run the affiliate league as per 2018. Any suggestions are however welcome from the membership.

JW to promote this.

Club Level League

- A great success so far. 64 lifters have lifted to date with three more competitions are in the calendar and 80 lifters registered to lift at those.
- We have 15 clubs currently affiliated and have welcomed three more in the second half of 2018.
- Discussion: How to effectively deal with no-shows to enable us to manage entry lists and club financial return.

Take the money going forward. Agreed to let the club decide if through them or NWPL.

Bobb Evans and Nicole Booth confirmed the entry process for the club comps and the live spreadsheets are working fine.

VS: Affiliates could have novice days where people can drop in.

BE would like to see affiliates to take ownership of fostering the novices. There is only so many divisional competitions we can put on as QT comps.

JW proposal: Drop the points aspect. Keep the rankings. Reason being that people are getting confused between club league and affiliate league. Agreed.

NWPL Equipment

- Competition kit across the division:
 - a. Fighting Fit, Manchester - ER rack, 2x Rogue bars, 1x Eleiko bar 1x Eleiko disc set, Eleiko collars, 1x set of toast racks, 1x fractionals
 - b. DJS, Stalybridge - 1x Rogue bar, 1x partial Rogue disc set, 1x fractionals
 - c. Power & Fitness, Liverpool - 1x Rogue disc set
 - d. UTS, South Wirral - 1x Eleiko Rack, 1x Rogue disc set, 1x set of eleiko collars, 1x fractionals, 1x set of toast racks, 1x platform*, 3x warm up platforms*
 - e. MGS, Manchester - 1x Eleiko rack, 1x Eleiko disc set, 1x Eleiko bar

- Storage: Transfer from current lock up and *large items to be held at UTS per agreement with Moira and electronics and general competition day kit to be held at Trafford Park Lock Up. This will halve the current costs.

BE confirming we have lots of other things such as projectors, screens, AV, etc. should affiliates require loan.

BE unveiling his “comp in a case” prototype. This will be useful for club comps.

JW clarifying the agreement re affiliates borrowing kit. They can borrow what they like but will have to cover costs of transporting.

EPA AGM Proposals

- Ask BP to seek a bulk discount for anti-doping testing.
- Female weight classes. This is essentially an IPF issue but we will put forward thoughts nonetheless.

AOB

- We have been contacted by Chris Morgan - LGBT Champs in Blackpool. NB stated that they're doing workshops ahead of this competition. He has sought help in the form of loaning kit, etc.

Richard Parker is fine about NWPL helping but not refereeing.

Agreed.

- JW raised point of international hotel rules. BE explained the position on this.
- RB thanked KC and BE for their work in the division.

All attendees were thanked for their input.

End of meeting.

President Report - Jim Blanchflower

Apologies that I cannot be at the meeting this year but I thank all of you for attending, we always welcome well-structured discussion on how we can improve. It remains very encouraging the scale at which new members are joining us to the point that we are one of the largest divisions within British Powerlifting, the opposite of where we were a decade ago.

Along with these new members brings a sense of community that is welcoming and encouraging, the club scene further cements this and the level of support at all the contests has made it far less burdensome on a small core. The notion that being part of a club involves helping out where possible is clearly evident in the larger events we've held over the last year. I'd like to take this opportunity to thank everybody who has helped NW Powerlifting over this last year in any capacity.

I feel very optimistic about the future of the sport in the division in the following areas:

- Membership levels are strong,
- We're in a good financial position
- Excellent volunteer support,
- Cohesive core team
- Events are busy and very well organised, good atmosphere
- Building good working partnerships with venues and clubs
- Excellent communications on most of the social media platforms.

The knowledge that is being developed at all levels is going to feed into the next tier of contests which we need to support the increased membership in the future.

Jim Blanchflower
President
NW Powerlifting

Chairman's Report - Bryn Evans

It's been another good year for NW powerlifting as we continue to grow in membership numbers.

Earlier in the year Jo Whiteley decided to step down as secretary and Kim Cowell stepped into the breach, in a very short period she has made some significant improvements to some of the good work her predecessor had set up. The entry process has been simplified and has been

linked to the website so that adjustments and updates are easily visible with little effort, I'm sure you'll all join me in thanking Kim for her excellent work so far. Additionally, Dr Rick Booth has become much more active on day to day issues as well as treasury, again we thank him for his work.

Since our last AGM we've held two excellent national championships and a NW Championships at MGS as our "Big Contests", these events are somewhat more effort than our normal divisional contests especially when they are at a venue that isn't already a gym; those who've loaded the van will know, we need everything but the kitchen sink!

The Women's classic was the 6th national event we've held in the region since the GBPF was formed and whilst we don't necessarily generate much revenue from these, our willingness to host the events has helped to secure equipment for the division and showcases the sport within the region. I think what has been special about the last few events was the overwhelming support from volunteers which has not only allowed us to setup the venue quickly and to a high standard but has allowed us to push the boundaries in terms of offering enhanced experiences like merchandise, walkout music and staffed warm-up areas, something which a few years ago would not have been possible. The thing which made each one an improvement on the last was that we'd had so many people turn out to support who for want of a better term "get what it's about", they had been to the previous contests and wanted to make it a success which bodes well for the future. The feedback from these events was excellent and they've become the benchmark for national championships.

The focus of the upcoming year remains on building the club events and transitioning these across into full scale contests held independently with support from new officials.

Technical Report - Kim Cowell

Another really successful year for North West Powerlifting. We have retained and seen further growth of our membership base again. We have trialled the notion of priority entry which was useful during the first half of the year. I believe the success of the club league competitions to have eased the demand on divisional competitions which is great - it has given our novice lifters a place to acquire experience with token outlay and for our affiliates to generate a bit of revenue to put back into their clubs. It's a win win in my eyes. The only issue we have run into thus far is the number of no-shows so we may need to consider a payment in advance situation but I am open to discussion re that.

For 2019, I think the priority entry should be used for the 2 day competitions only and I have left a gap in the calendar during the main British season (if indeed the national calendar remains). Whilst we will technically see less competitions, those we put on will be bigger and accommodate more lifters, whilst keeping the single day "favourites" lifters have come to love.

We conducted a lifter survey this year and a full response has been formulated addressing those points raised. Thank you for the response, it was very helpful to us and hopefully for you as any changes made were with your suggestions in mind.

A huge thank you to my co-exec for their ongoing support during any challenges we have faced this year, our many volunteers and those who work behind the scenes to make lives easier all round. Of course the membership for choosing to lift with NWPL.

Club Development Report - Jon Wilkinson

From the germ of an idea of non-sanctioned competitions at last years AGM; I am extremely pleased with how this has developed across the course of 2018, and hope this success will continue to grow into 2019. The non-sanctioned competitions are a valuable means of both taking pressure off of the main sanctioned competitions, as well as giving an easier route into competing for beginner lifters.

We should all be happy and excited for another year in which we can encourage beginners into the sport, both young and old alike and support the club league level of competition as a route to take, requiring less initial commitment, but hopefully cementing an equal love of participation.

The affiliate programme continues to go from strength to strength with more clubs having chosen to affiliate with us than ever before and I would like to thank everyone that has participated and assisted with this now and in the future.